

The creation of Outward Bound by Josh Miner

討論提綱_by 吳冠璋

Kurt Hahn, inventor of institutions: The Atlantic College, the first United World College, the Duke of Edinburgh's Award, Gordonstoun, Outward Bound, and Salem.

Significant life experiences: World War I, World War II, heatstroke, jail, exile, and etc

Friends in high places

The power of Quotes:

Leitmotif: Your disability is your opportunity.

Heatstroke at young adulthood: physical fitness and discipline

From a man of means to a penniless refugee: found Gordonstoun

World War II: found Outward Bound

Car accident: he wrote Prince Philip, urging his support for a plan to reduce road deaths by including first aid in the driving test.

Life-enhancing experiences

Training *through* the sea and mountains; training through the body not of the body.

Builds sense of self-worth, the group comes to a heightened awareness of human interdependence, and grow in concern for those in danger and in need.

Hahn's Philosophy of Education

Physical education: The Break: competes only to against himself, defeat his defeatism.

Conserve and strengthen the attributes of childhood into manhood: create an educational environment (craving for adventure, joy of exploration, zest for building, devotion to a skill demanding patience and care, love of music, painting or writing)

Tensile fashion (hire people who would stand up to him) and also his way with the young. It is the sin of soul to force young people into opinions but it is culpable neglect not to impel them into health-giving experiences.

Personal Philosophy

Samaritan ethic:

Through help to those in danger and in need youth can strike the deepest chords of the human spirit. A boy who just returned from OB

Hurricane Island told Hahn “it gives you a feeling of great power if you breathe life into a dead person.”

It’s hard to hate someone when you are both helping to save a life.

Whoever saves a life will never take a life.

Lifesaving, is the job of the layman. The less serious things we can leave to the doctors.

Hahn’s response to William James’s “the moral equivalent of war” was “enthral and hold the young through active and willing Samaritan service, demanding care and skill, courage and endurance, discipline and initiative.”

American Outward Bound

Training for Peace Corps

Solo: You cannot harvest the lessons of your life except in aloneness.

Neither the love of man nor the love of God can take deep root except in aloneness.

Prevent OB from developing a “preppie” stigma and want a broad socioeconomic mix. This led to OB’s using of adventure as a rehab vehicle in working with delinquent youth.

A major breakthrough was the courses for young women and girls. And then business executives, people with handicaps, veterans with PTSD, drug rehab, urban centers (use cities as an Outward Bound environment).

Trend: increasing concerned for the well-being of persons who have been visited with misfortunes.

Hahn’s later years: worldwide violence generated by youthful rebellion and racial conflict. Deal with a boy who is a rebel, you must ask “are you going to be a fighter or a quarreler?”

The question of “follow-up”

People do disservice by quoting Hahn’s “Outward Bound can ignite—that is all—it is for others to keep the flame alive.”

Miner’s defense and the form follow-up should take: I hear encouraging news about the young behind the Iron Curtain—many of them look westward, with distrust but also with hope. They ask a question which makes us blush: “are you in earnest about the ideals you profess?” who shall give an answer? Young men and women who render hard and willing service to their fellow men in danger and in need.

Build up an “Aristocracy of service”

Discussion Questions

What is your favorite quote from Kurt Hahn? Why?

What are TWEA’s core educational values?

What is TWEA’s most important value?

What are some of the disabilities that face TWEA these days? How can we turn that into our opportunities?

What influence Kurt Hahn?

How does Kurt Hahn influence Outward Bound?

What is the relationship between OB UK and OB USA? Similarities and differences.

Who and what influence TWEA?

What is follow-up looks like for TWEA?

山 power 第二次讀書會紀錄

主題：The creation of Outward Bound by Josh Miner

時間：2008/04/13

導讀：冠璋

參加：阿展、貞秀、文雅、小花、國彰、文真、麗花、金珮、國駿、王榕、敏惠、子璉

請假：雅婷

璋：在英國，當船隻要離開陸地遠揚之際，會升起藍白旗，表示即將去面對一趟未知的冒險之旅，這藍白旗成為後來 Outward Bound 的精神象徵，代表向外走，要去經歷一場冒險。

OB (Outward Bound 的簡稱) 最重要的核心價值是 Compassion (同情心)，我們也可以想一想，登山學校最重要的核心價值是什麼？

當初去上 OB 的課程前有特別提及想知道他們如何實現 Compassion 的核心價值，後來實際去上課以後，發現他們會為當地的社區或團體做一些服務的工作，以及在活動的過程中強調同儕間的互助來實現他們的核心價值。我在 2005 年上過 OB 指導員的課程後，有參與當年一個三十天隊伍的帶隊活動，我負責其中十天的爬山課程，大約在上山的第二到第三天時，我們遇到了一個狀況，碰巧遇到一個人在獨攀的過程中遭遇山難，那時候隊伍放下原來的行程停下來照顧他，我們的協同指導員甚至把睡袋讓給他睡，自己冷著身體過夜，然後幫助他聯絡後續的下山事宜，這個機緣碰巧讓學員親身深刻感受到 OB 對人關懷的核心價值。我在 OB 遇到的指導員感覺上對人都很有感情，他們在課程中也會強調個人的成長。

璉：OB 如何安排獨處課程？

璋：獨處要安排在課程中的哪個時間點很重要，通常我們會安排在課程進行一段時間以後，請學員去反思過去幾天的學習，我們會安排每個學員在一個盡量聽不到看不到別人的安全範圍內獨處三天，會給他們一些思考的指引，通常，指導員會在獨處的幾天前便不斷透露關於獨處的種種訊息，而事後的反思也很重要。

秀：即時不爬山已經多年，再回頭過來看這篇文章時，內心還是有很深的感動，雖然歷經了生命中多次的困境，Kurt Hahn 仍然可以化危機為轉機，實踐他的理想，這樣的精神令人動容。

璋：文章也提及，他也曾經有多次的低潮期，而正如他的名言所提，“Your disability is your opportunity.”（你的危機證是你的轉機），他成功的化每一場生命的危機為轉機。

惠：我想知道 Kurt Hahn 對自然的看法，還是他是以人為重？

璋：Kurt Hahn 也尊重自然，也實踐 LNT 的理念。

璋：這兩年多來看到台灣在冒險教育上的改變，大多是把國外的模式引進回來，比較少觸及他們在課程上更深入的核心價值，這方面 TWEA 可以發揮的空間還很多。

展：要多花時間去思考做這些事情的意義為何？若事前沒有把重要的價值抓出來，只是進行課程那會很可惜，就像我們強調獨處的重要性一樣，要多花時間靜下來想一想。

TWEA 的宗旨是人跟自然，要如何從自然獲得力量，然後再回到人身上。

璋：Follow up（感動之後的實際行動）是目前國際各國的戶外教育者所面臨的難題，以美國的狀況來說，由於學生來自世界各地，要實踐比較困難，台灣很小，在這方面有得天獨厚的優勢，應該比較容易去做。

雅：之前青少年小小輔的活動就很有 Follow up 的概念，先訓練這些小小孩，之後再請他們擔任小小輔導員，我在活動的四天當中看到這些小孩的變化，心裡很感動，但可惜後來這樣的活動沒有繼續。

小花：對那次小小輔的感覺很讚，有時也會想到要找那些孩子回來參加活動。

璋：Follow up 要跟 TWEA 的核心價值結合。

雅：輔導員的 Follow up 也是一個很大的問題。

珮：帶 LNT 的過程中很喜歡培力的過程，看到一些人受到影響，又把這影響力擴散出去，但課程結束以後該如何讓這些人留下來？荒野李偉文的策略是讓人一直回到這個團體，比方說透過社團，讓他們不斷地回來觸及到那個當初感動的部份，這樣影響力才會持續下去。

雅：這次看到輔五及 LNT 的課程很高興可以看到很多新面孔。

展：想聽聽冠璋這一路走來，可以持續堅持下去的理由為何？

璋：一開始爬時喜歡小團體的感覺，過去在政大登山隊感受到人與人之間的真誠，出國兩年後第一次接觸到美國的登山課程，發現除了語言的差異之外，他們帶隊的方式和過去的我們有很大的不同，便很想從事這樣的工作，也遇到過熱情燃盡的時刻，甚至有一度連爬山的熱情都消失了，而且那時是單打獨鬥，感覺很辛苦，當時開始在美國當指導員帶隊時，壓力很大，但經過二三十天的相處，看到學生敞開心房，願意和我分享許多內心的話，便感覺很好。回台灣一年多，有很多機會帶學生出隊，當老師也是常會有熱情燃盡的時候，而且，學生在隊伍中點燃的熱情，下山後很容易就遺忘了，學生有時很難用老師的立場來思考，這也是為什麼會想來 TWEA 和大家分享的原因。

展：起步慢不一定是壞事，很多之前本來是很前進的想法，現在有人先做了，那也很好，重要的是要讓我們的力量源源不絕地持續下去，未來能做的事情還很多，follow up 該如何進行？輔導員後續還有 LNT 及山 power 的活動，還有持續在醞釀中但尚未成形的暑期青年活動，該高興的是，至少大家還為著同一個理念在前進，如何擴大？形成一個具體的力量，我對未來還是滿樂觀的，現在有種谷底攀升的感覺。